

## Palliative Care

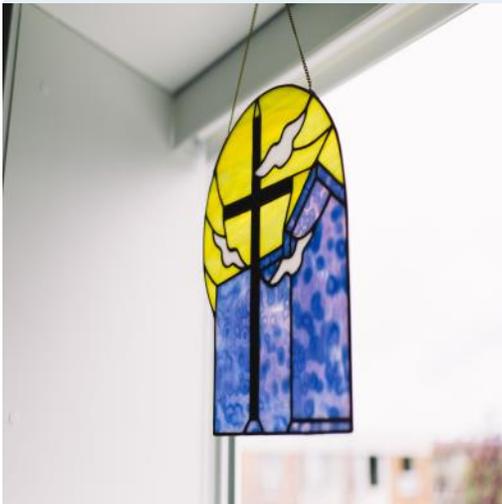
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Palliative Care is specialized medical care for people with serious illnesses.

This type of care is focused on providing relief from the symptoms and stress of a serious illness.

The goal is to improve the quality of life for both the patient and the family.

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## Palliative Care

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Emmanuel Home continues to expand its services to residents and members of the community to maintain their quality of life as they age.

Many people will require more care and services when they near the end of their lives.

It is with this in mind that Emmanuel Home has recently designated a special space called the *Serenity Suite* for this purpose.

This suite is available to all community members and will allow trained staff to provide the necessary care in comfortable surroundings with room for family members to attend.

## PALLIATIVE CARE



The Serenity Suite is available to provide end-of-life palliative care support for seniors and their families in familiar surroundings.

Palliative care is provided by specially trained health professionals who work together to provide support for you and your family. It is appropriate at any age and at any stage of a serious illness and can be provided along with curative treatment.

Our health care professionals provide expert symptom management, extra time for communication about your goals and treatment options, and they help you and your family in navigating the health system.

## BENEFITS OF PALLIATIVE CARE

Older adults are often dealing with a variety of aches, pains and discomforts in addition to any serious health conditions.

Medical treatments to cure or reverse health conditions can affect older bodies more harshly and are more likely to cause significant side effects.

Palliative health professionals are specialists in pain management and symptom control. They help seniors and family caregivers cope with the side effects of medical treatments, fears and caregiver stress. They can also help families make difficult medical decisions.

Palliative care focuses on relieving symptoms like pain, shortness of breath, nausea, loss of appetite and difficulty sleeping.

