

## Safe Visiting Practices & Orientation

***Please Read and Sign prior to your first indoor visit at Emmanuel Home.***

I have read the following information and understand the risks involved. I understand that should I require education on any aspects of PPE or mask wearing that I will request this prior to arrival. I will do my part in following all the guidelines.

**Name: (Printed)** \_\_\_\_\_ **Date:** \_\_\_\_\_

**(Signed)** \_\_\_\_\_

1. All designated family/support persons and visitors must:
  - i. Undergo Active Health Assessment Screening at entry and self-check for symptoms throughout visit.
  - ii. Coordinate all visits with Emmanuel Home, unless done by the resident.
  - iii. Be educated on and adhere to *Safe Visiting Practices* and related site policies.
  - iv. Only visit with the resident(s) they are supporting.
  - v. Wear a mask continuously indoors; and if physical distancing cannot be maintained, also outdoors.
  - vi. Notify the operator of any symptoms that arise within 14 days of visiting with a resident.
  - vii. **Entry may be refused if there is reason to believe an individual is not abiding by these responsibilities.**
  
2. Individuals should limit the number of different sites they enter and provide in-person visits to only one site per day.
  
3. **Hand Hygiene**
  - i. All persons visiting, including residents, must wash their hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer (greater than 60% alcohol content) before, during as appropriate, and after all visits.
  - ii. It would be helpful if the visiting person is able to provide their own hand sanitizer.
  
4. **Use of PPE – General Practices**
  - i. All designated family/support persons and visitors are required to wear a mask continuously throughout their time indoors and be instructed how to put on and take off that mask and any other PPE that may be required.
  - ii. Visitors should provide their own mask
  - iii. Single-use masks may be removed (and immediately disposed of) for indoor visits in a resident room if physical distancing can be maintained. **A new mask must be worn in when walking through the hallways of Emmanuel Home.**
  - iv. Public Health Guidelines for use of masks must be followed. Please see the attached step by step method to ensure safe mask wearing.

## COVID-19 INFORMATION

# HOW TO WEAR A NON-MEDICAL MASK

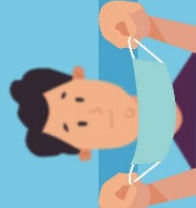
Non-medical masks, including homemade cloth masks, can help prevent the spread COVID-19. They are another tool to use in places where it's difficult to keep two metres from other people for extended periods of time – such as public transit, grocery stores, pharmacies, hair salons, airplanes and some retail shops.

Masks do not replace proper hygiene, physical distancing or isolation to prevent the spread.

### SAFELY PUTTING A MASK ON



Wash/sanitize your hands.



Inspect the mask, holding it by the ties or loops. Discard if damaged or dirty.



Open fully to cover from the bridge of your nose to your chin.



Adjust the mask to your face so there are no gaps on the side.



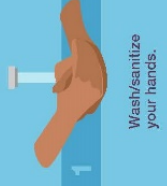
If mask has stiff edge, pinch to close gaps between nose and mask.



Keep your nose, mouth and chin covered at all times. **Avoid touching the mask.**



### SAFELY TAKING OFF A MASK



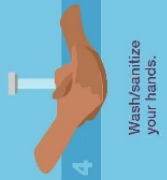
Wash/sanitize your hands.



Remove it from the back by releasing ties or loops. Do not touch the front of the mask.



Discard the mask immediately if disposable. Wash thoroughly if reusable.



Wash/sanitize your hands.



FOR MORE INFORMATION ON WEARING AND CARING FOR YOUR MASK

[alberta.ca/masks](https://alberta.ca/masks)

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## **5. Use of PPE to Enable Safe Physical Touch**

- i. The risk of transmission of COVID-19 increases with close proximity. If a resident and their designated family/support person(s) or visitor(s) understand this and they wish to include physical touch in their visits, this may be done by following the additional guidance:
  1. Stop close contact with the resident and inform staff immediately for further direction if they are or become symptomatic during the visit.
  2. Continuously wear a mask that covers the nose and mouth while within 2 metres of the resident.
  3. Though a resident does not need to also wear a mask, they may choose to do so based on their own risk of unknown exposure from off-site activity.
  4. Perform hand hygiene (hand washing and/or use of alcohol based hand sanitizer) both before and after direct physical contact with the resident.

## **6. If resident is isolated due to symptoms of COVID-19:**

- i. The designated family/support persons and/or visitors have or will be provided with the required PPE (based on precaution required), are trained in how to doff and don, and have practiced the appropriate use of the PPE.

## **7. Individuals at high risk of unknown exposure are not recommended to physically touch the resident unless providing direct resident care wearing all appropriate PPE.**

- i. Refer to [Table 3](#) for guidance on risk of unknown exposure to COVID-19.

## **8. Visiting Animals**

- i. A single pet may come along to an outdoor visit. The visiting animal must not be displaying signs of illness, such as diarrhea or vomiting. Also, it must not come from a household with individuals at high [risk of unknown exposure](#) to COVID-19.
- ii. No animals are allowed to visit indoors.

## **9. Gifts**

- i. Designated family/support persons and visitors are permitted to bring gifts, including homemade or purchased food or flowers/plants.
- ii. Depending on the risk level of the individual, and at the discretion of Emmanuel Home, some items may be required to be cleaned and disinfected by the individual or quarantined for a period of time (when disinfection is not possible).

Risk of Unknown Exposure Assessment Guidance (Table 3)

It is important for all persons to understand their risk of unknown exposure to COVID-19 prior to entering Emmanuel Home, based on their behaviour in the last 14 days, and modify their behaviour accordingly.

Please refer to the Table below for the Assessment Tool to help define your own Personal Risk of Unknown Exposure.

Low Risk	Medium Risk	High Risk
<p>To be considered at low risk of unknown exposure, all the following conditions must be met:</p> <ul style="list-style-type: none"> <li>• Does not work or live in an area of high COVID-19 exposure (refer to <a href="#">Risk designation of region</a>)</li> <li>• Works from home</li> <li>• Part of a small <a href="#">cohort</a> (15 or less) who consistently practices physical distancing and masks when cannot maintain distance</li> <li>• Not have had guests at home in the past 14 days</li> <li>• Visits resident(s) in one site in a day</li> <li>• Makes essential outings only</li> <li>• Uses own vehicle</li> <li>• Consistently maintains 2 metres of distance from those outside household in all activities</li> <li>• Mask worn when cannot maintain physical distancing</li> <li>• Consistent hand hygiene</li> <li>• No interprovincial travel within the last 14 days</li> </ul>	<p><i>There will be many variations that arise between the extremes of high and low risk of unknown exposure</i></p> <p><i>Individuals must use their best judgement to determine risk of unknown exposure where neither low nor high is appropriate.</i></p>	<p>To be considered at high risk of unknown exposure, any one or more of the following may be met:</p> <ul style="list-style-type: none"> <li>• Works or lives in an area of high COVID- 19 exposure (refer to <a href="#">Risk designation of region</a>)</li> <li>• Works outside home in settings where distancing is not consistently maintained and masking is not consistently used</li> <li>• Worked at or visited a location with a declared COVID-19 outbreak in last 14 days</li> <li>• Part of a large <a href="#">cohort</a> (more than 15)</li> <li>• Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance</li> <li>• Have had guests in home in last 14 days</li> <li>• Visits resident(s) in multiple sites in one day</li> <li>• Outings where contact with others outside household is likely</li> <li>• Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used</li> <li>• Does not maintain physical distancing and does not wear a mask</li> <li>• Infrequent or inconsistent hand hygiene</li> <li>• Interprovincial travel within the past 14 days</li> </ul>

## Health Assessment Screening

### *Active Health Assessment Screening for Designated Family/Support Persons and Visitors*

Any designated family/support person or visitor who intends to enter Emmanuel Home, and/or who cannot maintain physical distancing during an outdoor visit must be screened.

This screening must be completed every time the individual enters the site. Persons who do not enter (i.e. outdoor visits) and follow all physical distancing during the outdoor visit are not required to be screened.

Screening shall involve the following:

1. Temperature screening
2. COVID-19 Questionnaire (see **below**)
3. Confirmation of self assessment of risk of unknown exposure to COVID-19 and understanding of *Safe Visiting Practices*
4. Confirmation of identity and designated status (only if entering the building)
5. Documentation of arrival and exit times (only if entering the building)

### COVID-19 **Designated Family/Support Person and Visitor** Screening

1.	Do you have any of the below symptoms:		
	• Fever ( <b>38.0°C</b> or higher)	YES	NO
	• Any <b>new</b> or <b>worsening</b> symptoms:		
	o Cough	YES	NO
	o Shortness of Breath / Difficulty Breathing	YES	NO
	o Sore throat	YES	NO
	o Chills	YES	NO
	o Painful swallowing	YES	NO
	o Runny Nose / Nasal Congestion	YES	NO
	o Feeling unwell / Fatigued	YES	NO
	o Nausea / Vomiting / Diarrhea	YES	NO
	o Unexplained loss of appetite	YES	NO
	o Loss of sense of taste or smell	YES	NO
	o Muscle / Joint aches	YES	NO
	o Headache	YES	NO
	o Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Have you, travelled outside of Canada <b>in the last 14 days</b> ?	YES	NO
3.	Have you had close unprotected* contact (face-to-face contact within 2 meters/6 feet) with someone who has travelled outside of Canada in the last 14 days and who is ill**?	YES	NO

4.	Have you had close unprotected* contact (face-to-face contact within 2 meters/6 feet) in the last 14 days with someone who is ill**?	YES	NO
5.	Have you been in close unprotected* contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO
6.	Have you assessed your risk of unknown exposure based on your last two weeks of activity (refer to Risk of Unknown Exposure Assessment CMOH Order 29-2020 Appendix A)?	YES	NO
7.	Do you understand <i>Safe Visiting Practices</i> and related site policies (refer to CMOH Order 29-2020 Appendix A)?	YES	NO

\*If any individual answers **YES** to screening questions 1-5, they will not be permitted to enter the site.

- o Individuals must be directed to self-isolate and complete the [AHS online assessment tool](#) to arrange for testing.

\*If any individual answers **NO** to screening questions 6-7, they will work with the operator to understand their responsibilities before being permitted to enter the site.