

Table 9: Risk of Unknown Exposure

Low Risk	Medium Risk	High Risk
<p>To be considered at low risk of unknown exposure, all the following conditions must be met:</p> <ul style="list-style-type: none"> • Lives in an area of low COVID-19 exposure (refer to Risk designation of region) • Transferred from a hospital or setting with no outbreak or cases under investigation • Part of a small cohort (15 or less) who consistently practice physical distancing and use masks when cannot maintain distance • Not had guests at home in the past 14 days • Takes essential outings only • Uses own vehicle (not public transit) • Consistently maintains 2 metres of distance from those outside household in all activities • Mask worn when cannot maintain physical distancing • Consistent hand hygiene • No interprovincial travel within the last 14 days 	<p><i>There will be many variations that arise between the extremes of high and low risk of unknown exposure</i></p> <p><i>Individuals must use their best judgement to determine risk of unknown exposure where neither low nor high is appropriate.</i></p>	<p>To be considered at high risk of unknown exposure, any one or more of the following may be met:</p> <ul style="list-style-type: none"> • Lives in an area of high COVID-19 exposure (refer to Risk designation of region) • Transferred from a hospital or other setting with an outbreak or cases under investigation anywhere in the setting • Visited a location with a declared COVID-19 outbreak in last 14 days • Part of a large cohort (more than 15) • Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance • Had guests in home in last 14 days • Outings where contact with others outside household is likely • Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used • Does not maintain physical distancing and does not wear a mask • Infrequent or inconsistent hand hygiene • Interprovincial travel within the past 14 days